

What should the children do?

If you are the target of bullying...

- Try to walk away confidently
- Tell a member of staff
- Talk to your parents and friends
- Do not leave it

If you know someone is the target of bullying...

- Do not ignore it
- Tell a member of staff
- Do not encourage the bullying behaviour
- Do not join in

What should I do as a parent?

- Ensure that you child understands the concept of bullying.
- Discuss the differences between bullying and falling out with friends / peers with your child.
- Talk to your child about school, listen to any problems and speak to the class teacher if you are concerned
- **Do not tell them to hit back**
- Tell them to tell a member of staff
- Reassure them that it's not their fault if they have been the target of bullying, but help them to understand that there are ways in which they can help themselves
- Make it clear that it is not acceptable for your child to bully another.

**Encourage your child to talk about school in a positive way.
Don't start by talking about the negative incidents.**

Policy Against Bullying



We do not tolerate bullying in this school. The school is committed to dealing thoroughly with any cases of alleged of bullying, ensuring support and confidentiality for all those involved.

Every person in our community is respected, whatever their ability, social, religious or ethnic background. At Newberries we work together with pupils, teachers and parents to create an atmosphere of co-operation and trust. This policy should be read in conjunction with our behaviour policy.

What is bullying?

Bullying is defined as deliberately hurtful behaviour, repeated over a period of time, where it is difficult for those being bullied to defend themselves. The three main types of bullying are:

- physical (hitting, kicking, theft);
- verbal (name calling, racist remarks);
- indirect (spreading rumours, excluding someone socially).

Bullying is not two children having the occasional falling out or disagreement.

At Newberries Primary School, we discuss issues around bullying as part of our PSHE curriculum. This includes a whole school focus on Anti-Bullying in the Autumn Term which coincides with National Anti-Bullying Week. Discussions are always linked to our school shared values and will be presented in a way that is accessible to children appropriate to their age and understanding.

Respect Fairness Honesty Kindness
Forgiveness Inclusion

What will the school do?

The following steps may be taken when dealing with incidents:

- if bullying is suspected or reported, the incident will be dealt with immediately by the member of staff who has been approached;
- a member of staff will interview all concerned and will record the incident;
- relevant staff will be kept informed and involved;
- parents will be kept informed as appropriate, ensuring confidentiality for those involved;
- necessary consequences will be used as appropriate and in consultation with all parties concerned, these will be applied in line with the school's Behaviour Policy.

How do we support pupils?

Pupils who have been the target of bullying will be supported in a range of ways including:

- offering an immediate opportunity to discuss the experience with their class teacher or member of staff of their choice
- reassuring the pupil;
- offering continuous support;
- restoring self-esteem and confidence;
- ensuring that those who carried out the bullying behaviours understand the consequences of their actions.

Pupils who have displayed bullying behaviour will be helped by:

- experiencing defined consequences, as appropriate – in line with the school's Behaviour Policy;
- discussing what happened;
- discovering why the pupil became involved;
- establishing the wrong doing and need to change;
- informing parents or guardians to help change the attitude of the pupil.

Depending on the circumstances around the incident(s), the appropriate sanctions will be applied. These will be applied in line with the progressive sanctions outlined in our behaviour policy.

The action taken by the school will aim to support both pupils that have been the target of bullying and those who have displayed bullying behaviour.